**GLP (Byron).pdf**

**General life Purpose Scale**

Indicate how much you agree with each statement. 1 strongly disagree 2 disagree 3 slightly disagree 4 Neither agree nor disagree 5 slightly agree 6 Agree 7 Strongly agree

1. I have goals that I ‘m working towards.
2. I am confident about who I am.
3. I am confident about where I am going in life.
4. I have well developed understanding of my gifts and talents.
5. I have no sense of direction in life.
6. I know how I should be using my gifts and talents.
7. I have a good sense of purpose in life.
8. I am unsure about what I should do with my life.
9. I make a difference in the life of those around me.
10. My life is valuable and worthwhile.
11. I have a strong sense of the reasons of my living.
12. I have identified my mission in life.
13. My life does not serve any purpose.
14. I am making a contribution to society.
15. I am taking actions now that are moving toward my mission in life.